# **Tsukiji Selections**

Sharing is beautiful!! Sharing is fun!! It's all your choice!!

### **Omakase Tsukiji Selections**

We recommend this most popular plan!
We deliver to your home every month.
Experience new seafood items you can
not get in the local market.
A plan for joy and excitement of
discovery of new taste.

## **Okonomi Tsukiji Selections**

A group purchase plan at great value.

Select items you want, and we deliver to your home or office.

Let's share delicious fish with many friends,

neighbours and colleagues.

You can choose as many items as you wish.

# Product costs + delivery fee only

#### Mozuku

### ①Usual suspects!! Dried Atka mackerel ②The Chosen one! Dried Aji

### ③Break your perception·salted Wakame

	pack	1 piece		pack	2 pieces		pack	130 g
	area	JPN Kanagawa	November 1	area	JPN Hukuoka	<b>3</b>	area	JPN Akita, Noto
	price	20 CAD		price	14 CAD	A Land Company	each price	10 CAD
		"Hokke" in Japanese.			Must item for horse			For the AAA level of
	Remarks	Grill and enjoy juicy		Remarks	mackerel lovers! Enjoy	1.60	Remarks	miso soup and salad!
	remand	meat. Big size. You can		rterrarts	the authentic Japanese		Remarks	Feel the taste of
"Toro" Hokke!!		buy 12set 32 CAD.			taste.			genuine Wakame!

#### 4) Salted mackerel with Konbu dashi

### ⑤"Mekabu or Gibasa" for your health

#### 6"Gibasa & Sazae"

						,	O		
20/2	pack	1 piece • 190 g			pack	100g		pack	100g
	area	Iceland	<b>₩</b>	大学	area	JPN Akita		area	JPN Akita
	price	6 CAD		<b>1</b>	each price	8 CAD		price	12 CAD
	Remarks	Large mackerel from cold current, marinated in kelp to enhance mild taste.			Remarks	Good for prevention hay fever. Please enjoy it with ponzu and soy sauce!	E STATE OF THE STA	Remarks	Akita's specialty seaweed "Gibasa" & turban shell ! If it feels fishy, add Men-tuyu to make it milder.

#### ⑦Uni for sashimi

### ®"Unagi-kabayaki" Yu-sen OK!

#### 9Frozen Nama-aosa-nori / Nama-nori

nn ale	100g		規格	300g UP	ASUR	na alc	100g / 500g
pack	1009		况恰	300g 0P	Salar STARTING	pack	100g / 300g
area	Chile	A TOP TO	地名	China		area	JPN Sanriku
price	20 CAD		単価	28 CAD		price	8 / 15 CAD
	After thawing, it can be			It is sometimes said that	WES.		for Miso soup, tempura,
Remarks	eaten as it is, and add			Chinese fish have a mud smell, but this is a fish that pays close	75	Domarke	sashimi. Raw material &
Remarks	gorgeousness to your	Put it into boiling water without	佣与	attention to the feeding method	201	Remarks	Quick freezing
	usual dining table!	breaking the seal		and growing environment.			

While quantity lasts. Stock is limited.

Near arirval!

#### <sup>10</sup>"Kinka-SimeSaba" mackerel with vinegar

@"Dried Kinme-dai"	salted Splendid alfonsi

pack	2pieces*160g	pack	70g	pack	1 pieces
area	JPN Miyagi	area	JPN Aomori	area	JPN Shimane
price	12 CAD	price	8 CAD	price	20 CAD
Remarks	The best match is the use of Masaba of Sanriku. Slice and enjoy Sashimi.	Remarks	Miture of octopus, squid, salmon, kazunoko. Defrost and put on bowl of rice immediately!	Remarks	Traditional salting method is used to enhance flavour. Quality & taste

#### Yu-sen OK!

### ®Never forget Dried Aka-mutu

### Mentaiko" cod roe with green chili

### "Buri-Teriyaki" Yellow-tail Teriyaki 5 pieces

pack



pack	1 piece
area	JPN Shimane
price	CAD
Remarks	valuable! King of Japanese Himono. A typical autentic Himono. Aka-mutu=Nodoguro



pack	100g	<b>プリ総焼</b>
area	JPN Hukuoka	- 000 000
price	CAD	
Remarks	Pickled with a special recipe with green pepper and Yuzu-citron! No artificial color added	Put it into boili without breakin



		•
が う (00 AU か流すり)	area	JPN / China
	price	CAD
Put it into boiling water without breaking the seal		A time-saving series. Origin is Japan. It's boneless. Very convenient pack that is easy to eat. Raw material is Japan, processing is China

### **(6)Octopus sashimi for 4 servings**

### ①"Tubu-gai sashimi" Japanese ivory shell

### (B)"Aji for deep fry" Japanese horse mackerel



pack	250g
area	JPN Hokkaido
price	CAD
	Fresh octopus slices. You will be addicted to this rich flavour and texture. Enjoy with Ponzu!



pack	100g
area	JPN Shimane
price	CAD
Remarks	Precut roughly to keep the crunchy texture for sashimi. Also good for grill and paella topping.



pack	3 pieces		
area	JPN Tottori		
price	CAD		
Remarks	Prepared right after catch without freezing. Deep fry to enjoy hot,		
	catch without freezing.		
Remarks	Deep fry to enjoy hot,		
	crisp and soft texture.		

Near arirval!

New arirval!

#### (9) "Masaba" Dried chub mackerel

pack

20"Unagi-kizami"	Chopped e	امد
ey Oliuqi Kizullii	CHOPPCU	

シシュトック	Caha	calman	"
ଥା"Salted	COHO	Sallilon	



area	JPN Sanin
price	CAD
Remarks	Traditional salting method is used to enhance flavour. Quality & taste guaranteed.

5-6 pieces



pack	50g			
area	JPN Shikoku			
price	CAD			
Remarks	Have you ever tried Japanese wild eel? You can feel the difference in flavor and nice fat!			



New arirval!

pack	6-8 piecs	
area	JPN Sanriku	
price	CAD	
Remarks	Made into salted salmon with a nostalgic recipe! " Must" item for Japanese breakfast.	

Global distribution of less than 0.01%! Japanese wild eel

#### 2 "Dried squid"

23"Dried squid soft bone"

3 "Buri kama" Yellowtail belly



pack	400 g
area	Pacific ocean
price	CAD
Remarks	Mayonnaise & chili peppers are also the best match. Large size



pack	ave220 g
area	Pacific ocean
price	CAD
	Meat around squid beak. Thaw and grill. Remove beaks, then enjoy the tast and texture.



pack 1 piece			
	area	Pacific ocean	
1	price	CAD	
		Select from the freshest Yellowtail! Teriyaki, grilled and so on.	

#### <sup>(3)</sup>Dried Tachi-uo Tailfish %King of "Shio-kara" Aori-ika 27"Tobi-uo surimi" pack 1 pack pack 100g pack 400g JPN Tyoushi JPN Kanagawa JPN Kagoshima area area area CAD CAD price price price this shio-kara made with Local cuisine! Lightly It is lightly salted, it can be traditional secret recipe grilled as it is or put in seasoned, just add Remarks Remarks inherited for 430 years by a Remarks butter and put it in a ingredients such as long-established business. Meuniere style. vegetables! New arirval! Yu-sen OK! 29"Gin-dara / Sawara" Kyoto-miso style @"Sanma himono" dried Saury 28"Saba Miso" Mackerel 2 pieces 1 pieces / 2 pieces 2 pieces pack pack JPN Chiba JPN Miyaqi JPN Miyaqi area area area CAD CAD price price price Simply grill. Carefully Simply grill. Marinated in Not to eat just the fatty portion but to eat the intrinsic taste of marinated in oridinal miso homemade Kyoto miso for Remarks Remarks Pacific saury. The intricate to revive traditional good mild taste. Simply Put it into boiling water proportion of salt is a work that mackerel miso style. without breaking the seal can only be done by hands. Black cod = Gin-dara, Sawara = Spanish mackerel ③1)"Ikura" Increase the amount! New price! 33"Iwashi miso" sardine Yu-sen OK! 200g 2 pieces pack pack 2 pieces JPN Hokkaido JPN Miyagi JPN Aomori area area area CAD CAD CAD price price price Salmon caviar from Simply grill the high-Simply grill. Carefully marinated in oridinal miso grade fish and enjoy high-quality fresh fish Remarks Remarks Remarks Put it into boiling water to revive traditional caught in set net. the nice flavor of local without breaking the seal mackerel miso style. sake lees. 5 stars! The finest product! Hokkaido salmon roe soy sauce or salt backorder 34 Huge! Boiled king crab leg \*\*wait new season 35"Zuwai-kani for sashimi" snow crab 36"Anago" Boiled conger eel 20 pieces 250g 1kg for 4 servings pack pack Russia/Canada Russia/Canada Japam sea area area area CAD CAD price CAD price price Ready for sashimi (with soy Just thaw and enjoy the Large conger precooked in

Remarks

delicious taste, or warm up

in a oven for richer flavor.

Remarks

sauce), or lightly immerse in ho

water for Shabu Shabu with

Ponzu. Also good for deep fry

and tempura.

dashi. No preparation required

Just thaw and enjoy anago

bowl, tempura or sushi.

Remarks

③"Shirasu" boile		sardino	38"Dried sea bre	am"		Manad dool! Aii	for arill	
w Sililasu Dolle			I w Dried Sea Dre		I / M	39good deal! Aji		2 ninene
	pack	100 g	PRINCE TO CAMPA	pack	L/M		pack	2 pieces
	area	JPN Shizuoka	William Control	area	JPN Shimane		area	JPN Shimane
	price	CAD		price			price	CAD
	Remarks	Thaw and enjoy gente flavour of the sea. Good with soy sauce, ponzu, or for salad topping etc.		Remarks	nice size & nice taste. L is 2 servings. M is 1-1.5 servings.		Remarks	scale off, guts out. Fee the different flavour from dried Aji fish.
MKarei nituke	Flounde	r	①Exquisite! Sa	ılted Salr	mon Belly	<b>@Kuri-kinton</b>	lew arirva	
	pack	1p		pack	1p/3p/6p		pack	S/L
	area	JPN Chiba		area	JPN Sanriku		area	JPN Nagano
	price	CAD	CHI CONTRACTOR OF THE PARTY OF	price	CAD	栗香	price	CAD
	Remarks	Bring out just the soup and bring to a boil. Then add fish and heat on low heat for 7 minutes.	TO NO.	Remarks	Fatty salmon belly cured in right amount of salt. Enjoy crunchy skin and juicy meat. One piece is enough for 2 people.	S S	Remarks	Traditional sweet chestnut paste. 100% natural. No sugar and colour added.
<sup>♠</sup> Nasu-asaduke	New a	rirval!	While quantity lasts. Stock is lim  "Pickled herring"	ıg" New	arirval!	45Japanese Toro	ro	
	pack	2 pieces		規格	100 g		pack	40g
	area	JPN Totigi	198	地名	JPN Hokkaido		area	JPN Kagoshima
	price	CAD		単価	CAD		price	
	Remarks	Lightly pickled large eggplant produced in a Japanese organic farm.		備考	It is traditional manufacturing method that is aged and fermented for 2 months or more. The good balance of herring, koji, chili and ginger!		Remarks	If you want GOOD mountain yam, try this product with full flavor and thickness.
Yu-sen OK!  46 Japanese Una	gi <mark>Nea</mark> r	arrival!	Frozen Negi-t	ro		Japanese REAL W	asabi (S,L	) & Wasabi pickles
	pack	1 pieces		pack	100 g	\$2.40 Mary	pack	L 50g, S 5g
	area	JPN		area	JPN	をびきび	area	JPN Shizuoka
	price	- CAD		price			price	
	Remarks	It is a rare Japanese eel. High quality by keeping freshness and	( - 20)	Remarks	Enjoy the rough (coase) texture of real tuna fish.Feel the difference from commercial products.	S	Remarks	The best quality Wasabi made from 100% Japanese wasabi root. Sashimi will become the highest grade by adding this!

processing technology.

Ultra rare wild products are available!! 80 dollars.

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A. Aka-Ushi Wa			B. Aka-Ushi			C. Aka-Ushi W		
	pack	Chunk 3-4lb, cut 0.5-1lb		pack	Chunk 3-4lb, cut 1-1.5lb	A	pack	Chunk 3-4lb, cut 0.3-0.7lb
	area	JPN Kumamoto		area	JPN Kumamoto	The state of the s	area	JPN Kumamoto
	price			price		A.F.	price	
	Remarks	Please check the stock size. Both the chunk and cut will be delivered in a frozen vacuum pack.		Remarks	Please check the stock size. Both the chunk and cut will be delivered in a frozen vacuum pack.		Remarks	Please check the stock size. Both the chunk and cut will be delivered in a frozen vacuum pack.
	pack			pack			pack	
	area			area			area	
	price	CAD		price			price	CAD
	Remarks			Remarks			Remarks	
					在庫限り			
	pack			pack			pack	
	area			area			area	
	price	CAD		price	CAD		price	
	Remarks			Remarks			Remarks	
	pack			pack			pack	
	area			area			area	
	price	CAD		price			price	
	Remarks			Remarks			Remarks	

# <Why launched Tsukiji Selections ?>

I realized that there are many people who wanted to eat delicious fish but haven't had an opportunity until now.

I would like to deliver delicious fish to as many people as possible because people feel HAPPY when they find food delicious.

My mission is to share with people my knowledge and experiences concerning food and nutrition education/promotion (food and nutrition dynamics) and the issues surrounding it, while delivering a message that there are many different types of edible fish in addition to the fish you eat on the daily basis.

If we continue to capture a limited number of marine fish, ecosystem will gradually collapse, making it impossible to return to its original balance.

Though our business is at the grassroots level, we, at Tsukiji Fish Market Inc. always take sustainable marine environment in our mind.

I have been comitted to introducing and delivering a variety of delicious fish from Japan, which are in high quality and not easily available in Canada, to you through the convenient handy services of Tsukiji Selections.

#### <Delivery fee>

area	fee(CAD)
pick up (1138 Beechwood Cr, North Vancouver, BC V7P 1G7)	free
North Vancouver, West Vancouver, Vancouver, Burnaby	10-15
Richmond, Port Moody, Port Coquitlam, New Westminster	15-20
Delta, Surrey…etc.	To be discussed